

*October 2009*  
*Did Curiosity Really Kill the Cat?*

You probably know the saying, "curiosity killed the cat" but did you know it is often followed by, "But satisfaction brought it back"? Perhaps you first heard about that poor cat if you were a naturally curious child that some adult wanted to rein in, but when it comes to dreams and soul, curiosity is an excellent quality to have.

I get a lot of emails requesting dream interpretations (which I never do without the dreamer's input) and when I give talks on dreams, there are always people practically jumping out of their seats wanting to skip the dream history or theory (or my witty banter) and get right to the meaning of their own particular dream. To respond to that curiosity I added the "What Does it Mean When...?" section of this newsletter. But if your curiosity goes beyond my introductory explanations, then you are a perfect candidate for a dream group. We meet once a month on Monday nights, and we are offering a special "**Try it Out**" deal for the Fall (see below). You can bring your strangest dream and learn how to work with them all in one evening! Come join us and put your curiosity to good use.

*What is Soul Coaching<sup>®</sup>?*

Soul Coaching is a 4-week process that teaches you how to listen to the voice of your soul. After this journey of discovery you will:

- Clear any inner and outer debris that blocks your path to happiness and success
- Know who you are and why you are here
- Gain self-understanding and clarity about your life
- Dissolve blocks to your passion and joy

Learn how to align yourself with your soul's plan. Patti will serve as your guide in this inner journey, helping you to recognize the voice of your soul. For more information go to: Soul Coaching or phone Patti @ 416-567-0709.

## *What Does it Mean When...?*

What does it mean when you dream about the **future**?

In Shamanic approaches to dreaming, dreams can show us the future. If you get a sense that you are dreaming about something that hasn't happened yet, ask yourself if this might be something that could happen. If the answer is yes, then take the dream seriously and see if you need to do something different or take action based on the dream information presented.

Other dream specialists think that we rehearse our next developmental stage in our dreams. In this way, babies may be dreaming about walking, and teens may be dreaming about driving for the first time, along with adults who may be dreaming about what life with an empty nest will be like. Does your dream help you rehearse a future event, skill or role? Then relax! Your psyche is already working on it!

Finally, dreaming about the future may indicate how you would like the future to be. We need not brush this off as simply wishful thinking. You can mine these dreams to learn more about your true feelings in any dream situation shown. See if you need to do a course correction in your present waking life in order to become more authentic and have the future of your dreams.